

## Description of CPE Units

A full-time summer unit (typically, 11 weeks, late May - early August) is offered each year. This program requires students to be available at Hebrew SeniorLife at HRC (either Roslindale/Boston or Dedham) full-time, 9-5, Monday through Friday. Due to the intensity of the program and written assignments which are completed outside of the group/clinical time frame, additional work or study commitments and weekend travel are discouraged. Weekends provide much needed time for rest. Our program does not require overnight call, and is appropriate for students who are shomer/et Shabbat.

All summer students do their clinical work at HRC, and each is assigned as Chaplain Intern to one or more distinct patient floors.

Occasionally during the summer, a half-unit of CPE is offered at HRC. This unit is open to Israeli chaplains as well as American students, chaplains, and congregational clergy. This program requires students to be available at HRC for 6 weeks full-time, 9-6, Monday through Friday.

Extended part-time units during the academic year (September or October through early May), require a commitment of approximately 15 hours a week, which includes both group/class time and clinical time, for a total of 400 hours. Condensed units (January through late April/early May) require approximately 25 hours a week, which includes both group/class time and clinical time, for a total of 400 hours. Most students do their clinical work at HSL/HRC, and each is assigned as Chaplain Intern to one or more patient floors.

Occasionally, depending on the number of students in the group and HRC's coverage needs, one slot is available in each of these units for working chaplains or clergy employed in other settings to use their work in those settings as the clinical component of the course. If you would like to explore this option, ask the CPE Educator(s) to whom you are applying for more information. Most students, however, do their spiritual care work at HSL/HRC, assigned as Chaplain Interns to particular patient floors.

The curriculum includes standard components of a CPE program:

- An individualized learning contract
- Text study and other modes of prayer
- Individual supervision
- Direct spiritual care work
- Limmud/didactic sessions
- Verbatim seminars
- Theological reflection seminars
- Group processing work and group supervision
- Leadership opportunities of religious services and spiritual group activities
- Mid-unit and final self-evaluations
- Educator's final evaluation

Selected Limmud (didactic) topics include:

- Spiritual Care with Persons with Dementia
- The Demographics of Aging in America
- Jewish Palliative Care
- Grief and Bereavement
- Working with the "Spiritual But Not Religious"
- Ethical Decision-Making in Long-Term Care Settings
- Models of Spiritual Assessment
- LGBT Aging
- Basics of Trauma and Resilience